

# Why Be Confirmed?

Youth Copy Side 2

## 1. What Is This?

When Martin Luther wrote the Small Catechism, "What is this?" was the question he often asked. During each of your talks you will be invited to discuss some of Luther's writing in a section called "What Is This?" The First Article of the Apostles' Creed is this: "I believe in God, the Father almighty, creator of heaven and earth." Luther asks, "What is this?" Here's part of his answer: "I believe that God has created me together with all creatures . . . For all of this

I owe it to God to thank and praise, serve and obey him. This is most certainly true."

### Discuss

1. This is what I believe about the creation of the world:
2. One question I have about creation is . . .
3. Do you agree that we "owe it to God" to live our lives for God? Why or why not?

## 2. Journal Notes

Use a pen or pencil to write a response for each of the following:

1. If I could travel anywhere in the world, I'd like to travel to . . .

And I'd like to invite \_\_\_\_\_ to go with me because he or she . . .

2. Life is like a long journey with many challenges along the way. Some of the challenges or difficulties I have had to face so far in life include . . .

3. Confirmation is a lot like a journey, too. If someone asked me, "Why do you think confirmation is important?" I'd say . . .

4. The word *confirm* means to establish "with firmness" the truth or accuracy of something. To be confirmed in the Christian faith means that I am coming to believe firmly that . . .

5. I think I can get the most out of my confirmation journey if I am willing to . . .

6. In our mentor/youth relationship, I'm looking forward to . . .

7. Here's a confirmation prayer for you/me/us as we begin this journey:  
Dear God, . . .

## 3. Talk and Listen

When you both have finished writing, take turns talking about each of your responses.

## 4. Scripture Talk

Discuss Philippians 4:1: **Stand firm in the Lord.**

## 5. If You Have Time, Talk About . . .

1. One of the best trips or vacations I ever took was . . .
2. My worst adventure was . . .
3. My "dream vacation" was . . .
4. How I pack a suitcase for a trip . . .

# Why Be Confirmed?

## 1. Introduction

Welcome to the confirmation journey. You have been traveling the road of life and faith for quite a while since you were baptized. There has been much along the way to enjoy and learn. Jesus invites all who want to be his disciples to follow him and to walk with him in the journey of life and faith. May God strengthen you on the way!

## 2. Scripture Talk

**In all your ways acknowledge [God], and he will make straight your paths.** Proverbs 3:6

## Discuss

1. "In all your ways" means . . .
2. As I think of my life's journey, some of the ways God may want to direct and lead me include . . .
3. To "acknowledge" God means that I . . .

## 3. Journal Notes

Use a pen or pencil to write a response for each of the following:

### Let Me Tell You a Little about Myself

1. My full name is \_\_\_\_\_.

2. Six words that describe me are . . .

3. As a young child one of my favorite places to go was . . .

4. Some childhood games I liked to play were . . .

### Things I Like

5. My favorite ice cream is . . .

6. When I order a pizza, I like to order . . .

7. A song or kind of music I like to listen to is . . .

8. I like to shop (where?) . . .

9. I like it when people . . .

10. One person I like being around is \_\_\_\_\_, because . . .

11. Some things about our church that I like include . . .

12. Something about myself I like is . . .

13. Something I like about being the age I am is . . .

14. One of the best days of my life was the day that . . .

## 4. Talk and Listen

When you both have finished writing, take turns talking about each of your responses. If you have time, continue with Side 2. If not, come back to Side 2 in the near future.